Tímarit um uppeldi og menntun / Icelandic Journal of Education | *XX*(X), 2025, bls – bls

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TITLE OF THE ARTICLE [Style *Titill*: FONT 16-POINT CALIBRI, BOLD, UPPERCASE, 24-POINT SPACING BEFORE AND 12-POINT SPACING AFTER, SINGLE LINE SPACING, AND LEFT-ALIGNED TEXT]

100–150 words abstract comes here. The style is Text, 11 pt. Calibri font. This also applies to other general text in the article such as introduction and other chapters.

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Keywords: Keywords, keywords, keywords, keywords.

Introduction

The Style *1 heading* applies to all main section headings, i.e., introduction, results, discussion, etc. The font is 14-point Calibri, bold, uppercase, with 24-point spacing before and 6-point spacing after, single line spacing, and left-aligned text.

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**Second level heading**

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* The style used here is *Bullets*
* It is the simplest to use when itemizing points.
* There is no need to end a point with a period if each item is not a complete sentence.
1. The style used here is *Number format.*
2. It is used for numbered items as shown here.
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| Table 3*The title of the table follows the number and is italicized* |
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| Table note.  |

**Figure 1**

*The title of the figure follows the number and is italicized*

Author should keep in mind that printed version of the journal is in black and white. Online version is in colour. Please make sure that your figures and tables are also clear in black and white version.

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References

• The reference list should be formatted according to the APA system (see the guide from the University of Iceland Writing Centre: <https://ritver.hi.is/is/apa>). All information must be correct, and DOI numbers should be included if applicable, formatted as an http URL. The style to be used is *Heimildir.*

• Note that in Tímarit um uppeldi og menntun, it is required to include the issue number of journals.

• The journal also requests that when citing the national curriculum, format B on the University of Iceland Writing Centre's guide (<https://ritver.hi.is/is/apa-skraning-heimilda-apa/heimildir-ur-stjornsyslu>) is used, where the Ministry of Education, Science, and Culture is listed as the author in citations and the reference list.

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**ABOUT THE AUTHOR / AUTHORS**

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